




Pradeep Memorial
COMPREHENSIVE COLLEGE OF EDUCATION
Affiliated to G.G.S.I.P. University
Pratap Vihar, Kirari Extn., Nangloi, Delhi-110086
7290037803, 7290037804 ,Email- pmc_coll@yahoo.com

Workshops Organised by the College

Sr.No	Name of the Activity	Date
1	Workshop on Guidance & Counselling	3/11/2023
2	Workshop on Emotional Well being	5/2/2024
3	Workshop on Drug Awareness Programme	29/02/2024
4	Workshop on Theater & Art Education	20/3/2024
5	Workshop on CTET	18 th to 22 th March 2024
6	Yoga Day	21/06/2024


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Report on Workshop based on Guidance and Counselling

On 3rd November 2023 a workshop on “Guidance and Counselling and its types” was organized by Pradeep Memorial Comprehensive College of Education in the Seminar hall. For the said workshop Ms.Manisha Jethwani was the Resource person. Welcome speech was given by Dr.Bharti Dimri .She delivered an lecture on the importance of Guidance in a students ‘s life after that Ms.Manisha started her session by explaining the Guidance and counseling in detail ,explain its types by showing ppt to the students.

After the session students asked various questions and clear their doubt. The session was full of knowledge.





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Report on Workshop on Emotional Well being

On 5th February, 2024, a workshop was held at PMCCE College focused on exploring emerging trends in emotional well being of the students. The event aimed to provide participations with valuable insight into the latest developments in the field, with Dr. Sangeet Sharma serving as the esteemed guest speaker.

The workshop commenced with an opening session, setting the tone for the day's discussions. Participants from diverse background and expertise gathered to develop their concepts.

Dr.Sangeet Sharma, a renowned expert in the field, delivered a captivation keynote address. Her presentation covered key advancements, Current challenges and future prospects on the emotional well being of the students. Attendees gained valuable perspectives on the subject. The workshop featured interactive sessions where participants actively engaged with Dr.Sharma, asking questions and sharing their insights. These sessions fostered a dynamic exchange of ideas and provided a platform for networking among attendees.

The workshop concluded with closing remarks, expressing gratitude to the guest for her valuable contributions and thanking the participation was distributed to acknowledge the attendees commitment.

The workshop successfully facilitated knowledge. Exchange, collaboration and networking among professionals were seen to gain experience.





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Report on Drug Awareness Programme

A drug awareness program was conducted in PMC College of Education with collaboration of Indian Red Cross Society (Delhi Branch) on 29 Feb., 2024 in multipurpose hall. The program started at 2:00 pm. Dr. Sunil Kumar Pandey, assistant professor welcomed Ms. Meenu (drug deaction counselor) and Mr. Sachin (lecturer of first aid and disaster management). Ms. Meenu emphasized personal responsibility and harmful effects of drug abuse. She also encouraged the students to prevent alcohol and drug related incidents through a PPT and video. She explained about different types of drugs and harmful impacts of all drugs with this video. She stressed the importance of awareness, campaigns and drug abuse among students. The Principal of the college Dr. Bharti Dimri shared her views on drug addiction and danger hidden therein. The program ended at 3:30 pm with the question answer round, distribution of prizes and vote of thanks. Dr. Ritu Malhotra, associate professor, thanked the College management, principal, coordinator, resource person, all staff members and students who helped in organising it successfully.

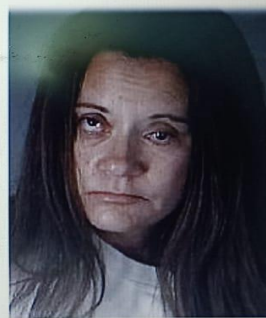
Effects of Drug Abuse over a 6 year span



1 AGE: 33



2 AGE: 37



3 AGE: 39

36



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INDIAN RED CROSS SOCIETY, (DELHI BRANCH)

AWARENESS
&
PREVENTION OF DRUG ABUSE

In Collaboration with

PRAGATI POWER CORPORATION LIMITED
GOVT. OF NCT OF DELHI UNDERTAKING
(Supported under CSR)

NATIONAL INSTITUTE OF SOCIAL DEFENCE
Ministry of Social Justice & Empowerment

&

NARCOTICS CONTROL BUREAU
GOVT. OF INDIA

Dr.Swati Kashyap,
Consultant Addiction Psychiatrist, IRCS, Delhi.




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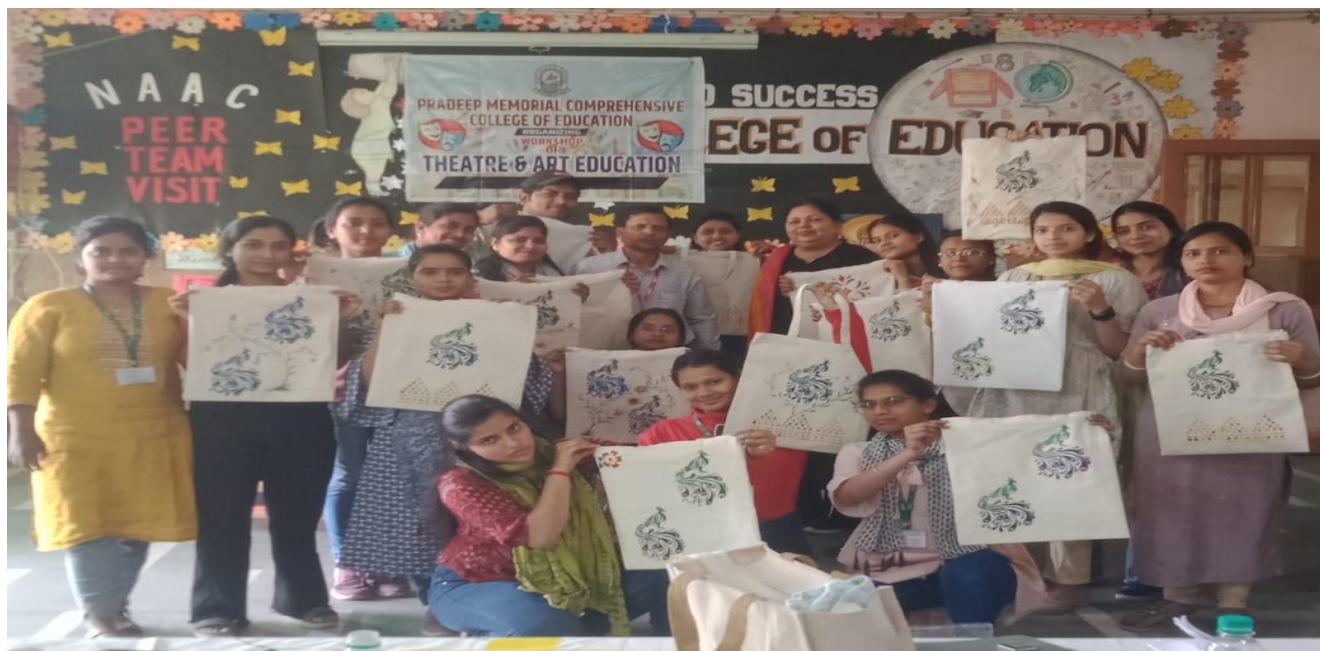
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Report on Workshop on Theater & Art Education

On, 20th March 2024, Pradeep Memorial Comprehensive college of Education organized a workshop on “Theatre and Art Education”. Art education has become an integral part of the college curriculum. These workshops provide students with a creative outlet to explore their artistic talent and develop their craft skills. The setting of the art and craft workshop is an essential aspect of the learning process. The instructor’s approach to teaching plays a crucial role in the success of the workshop. The instructor should be knowledgeable and experienced in the art and craft field, and they should be able to demonstrate different techniques to the students. The instructor Ms. Asha should also provide hands-on guidance to the students, ensuring they understand the techniques and can apply them to their art pieces. This approach helps students develop their skills and improve their confidence in their abilities. The workshop should be designed to encourage creativity and exploration, allowing students to express themselves freely. The final products created by the students are a reflection of their creativity and the skills they have developed through the workshop.




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In conclusion, an art and craft workshop provides students with an opportunity to develop their artistic skills and explore their creativity. The setting of the workshop, the instructor's approach to teaching, and the students' experience in the workshop are all essential components of the learning process. A successful art and craft workshop can inspire students to pursue their passion for art and craft and develop their skills further.



Galaxy M12


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Report on CTET Workshop

CTET Workshop from 18th March to 22th March 2024

One week Workshop from 18-03-2024 to 22-03-2024 was organized by PMCCE for B.Ed 2nd year students by Kala Kendra Academy




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Report on International Yoga Day on 21st June 2024

Pradeep Memorial Comprehensive College of Education celebrated the International Yoga Day, in its college premises, in a grand way. The college believes that education does not mean mere imparting of knowledge or facts but it encompasses an all round development of an individual. The college has been taking all initiatives to accomplish this. The celebration of International Yoga Day as declared by United Nations was highly an exuberant event with the buoyant and enthusiastic participation of the large number of students. The heavy rains that lashed the city did not dampen the spirit of the students. The college organized a plethora of activities for students of all ages ranging from asanas, pranayam to Suryanamaskar. The students stretched their arms, bent their legs, rolled their neck and twisted every sinew in their body with greater dexterity, in a spectacular synchronicity with English and Hindi instructions. Vrikshasana, Parvatasana, Padmasana, Vajrasana were the asanas, to name a few, performed on the occasion. The main attraction of the day was the performance of Suryanamaskar in which co ordination of body and mind is very important. The college had also arranged for a slide-show highlighting the importance of yoga in a student's life. Mr. Rakesh Kumar, the Yoga teacher shares, "Yoga nurtures the healthy mind in every student. The role of yoga in college therefore, becomes significantly important." The Principal, Dr. Bharti Dimri, in her inaugural address opined, "Yoga, an ancient Art and Science of health and harmony have vast potential for physical, mental, emotional, social and spiritual health of every human being. The college being convergent centers can play a path breaking role in the growth and development of the nation. Realizing this, the college, has already included yoga in its curriculum for all classes and the students have been encouraged to do asanas every day. "The students felt that yoga and meditation help them in not only coordinating their body and mind but also in enhancing their concentration power. The school once again witnessed unprecedented support from the parents for this event too. The day came to conclusion with the recitation of Shantimantra and the students and teachers carrying home the message that, "Yoga is not for only one – it's for everyone, Yoga is not for a day- it's for everyday.


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